

# **Rappahannock Regional Jail**

Annual Report for Fiscal Year 2017

July 1, 2016 – June 30, 2017

**The Rappahannock Regional Jail serves the  
City of Fredericksburg  
and the counties of  
King George, Spotsylvania, and Stafford**



## Jail Update

The Rappahannock Regional Jail employs 383 full-time and 19 part-time staff. The operating budget for July 1, 2016, through June 30, 2017, was \$32,046,678.

This past July 2017, the Jail marked its 17<sup>th</sup> anniversary in Stafford County. In 2000, the Jail originally opened with a population of 474 inmates. The total rated capacity for the Rappahannock Regional Jail is 1,836. On June 30, 2017, the Jail's population was 1,398.

The Jail continues contracts with the Federal Bureau of Prisons, U.S. Marshal's Service, and the United States Marine Corps. These contracts generate revenue that supplements the Jail's operating budget.

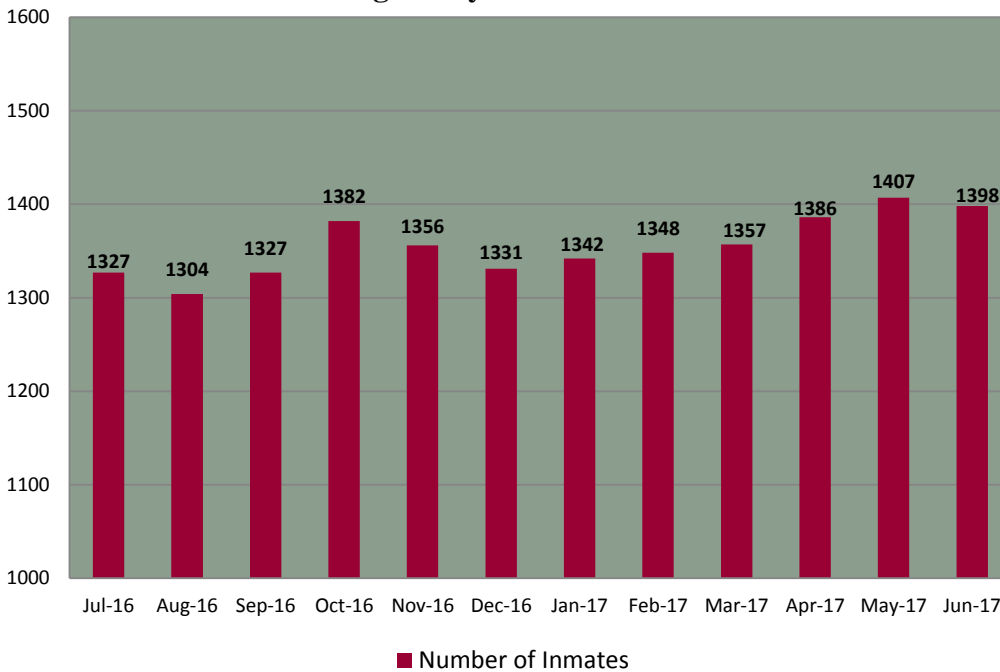
## Video Arraignment

Video Arraignment is available for all courts served by the Rappahannock Regional Jail. The average number of video arraignments conducted per month is 381.

## Intake/Release

During this reporting period, there have been a total of 11,808 bookings and 11,735 releases.

**Rappahannock Regional Jail  
Average Daily Count 2015-2016**



## Special Points of Interest

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## INMATE SERVICES AND PROGRAMS

### LAW LIBRARY

The Rappahannock Regional Jail provides an extensive Law Library resource for the inmate population that is completely automated.

### EDUCATION PROGRAM

The school program is an official site under the Regional Adult Education Program for Planning District 16. The Inmate Services Manager serves as a member of the Regional Adult Education Advisory Board. The Regional Jail offers adult basic education classes so that inmates may receive a General Equivalency Diploma (GED) during their incarceration. The GED test is administered at the facility, as well as the Special Education Adult Diploma Program. The Special Education program is provided through the Stafford County School Board and enables those inmates with special needs who only need a few credits to complete their education and receive a diploma from their original high school.

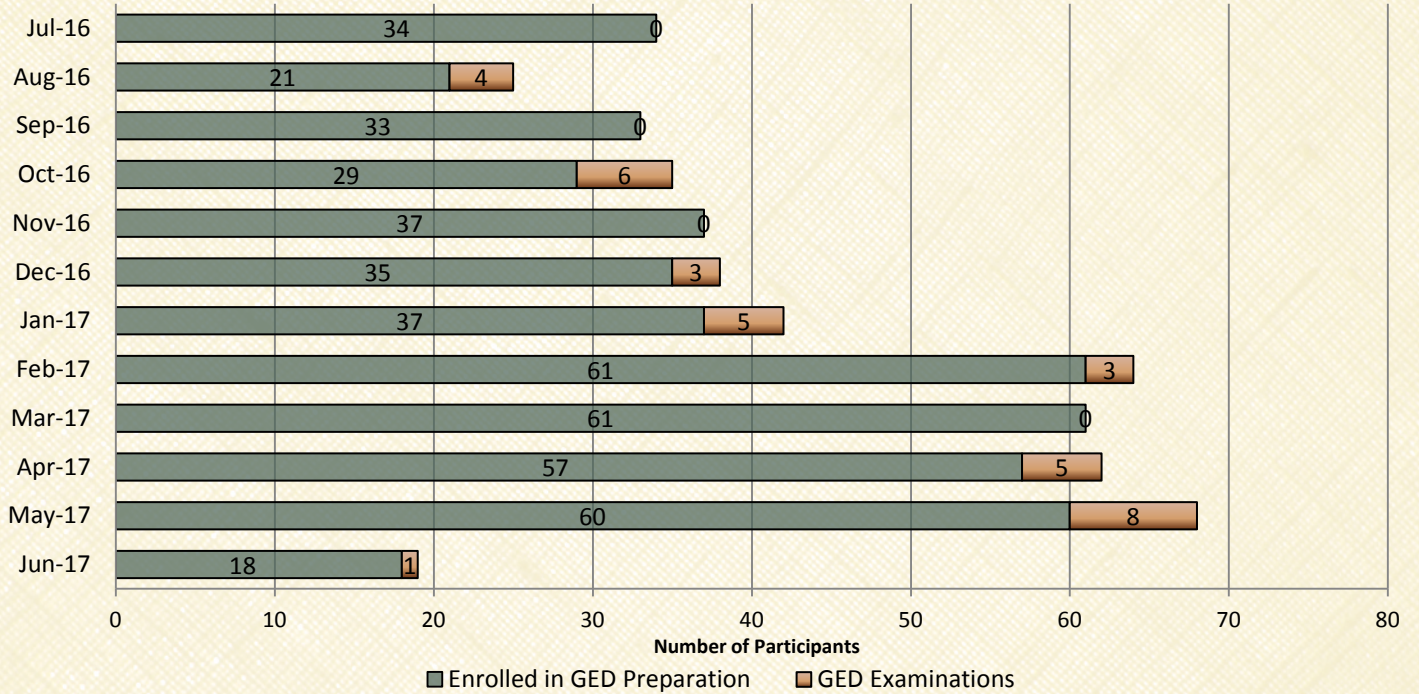
### RELIGIOUS PROGRAMS

Chaplains work with Programs staff to coordinate religious programming and are also available to the inmate population in crisis situations. Bible Study, Islamic Studies (when a volunteer Imam is available), and Christian church services are available. Members of local Catholic Churches conduct a study of the Rosary and Mass is available periodically. Each inmate may request a visit from clergy of their own faith.

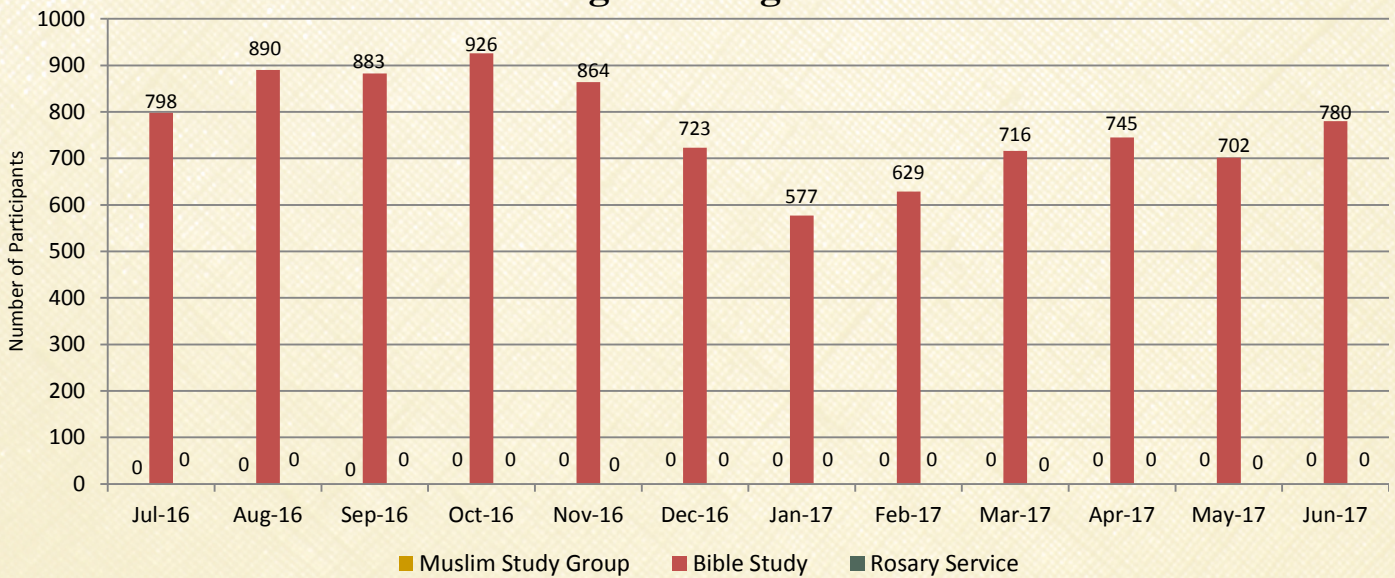
### SUBSTANCE ABUSE AND MENTAL HEALTH SERVICES

The Rappahannock Area Community Services Board (RACSB) provides two full-time substance abuse therapists to provide services at minimal cost to the Jail. The Jail has contracted with RACSB to provide a part-time Case Manager to assist in rendering substance abuse services that include group facilitation and substance abuse evaluations. RACSB provides staff to conduct individual and group therapy sessions in all of the housing units. Volunteers, including successful ex-offenders, lead twelve-step programs when available. Collaboratively, all staff work towards providing a therapeutic environment, promoting growth, healing, and a clean and sober lifestyle upon release. RRJ has been committed to meeting the needs of inmates who are experiencing symptoms of mental illness and over the years have allocated resources to the fullest extent fiscally possible. For the last 17 years, the RRJ has contracted with the RACSB to fund a mental health therapist position and this was enhanced with the addition of a mental health case manager position and part-time psychiatrist in 2004 and a part-time psychiatric nurse in 2006. In 2008, the Rappahannock Regional Jail contracted with RACSB to obtain a Mental Health Diversion Case Manager position. The purpose of this position is to work collaboratively with Pretrial Services in identifying persons with mental illness in an effort to divert these individuals from incarceration and linking them to mental health services in the community post booking and arraignment. Additionally, a Diversion Therapist works with those sentenced to jail who have been identified as suffering from chronic and/or serious mental illness, in developing a discharge plan to assist in identifying community resources upon the individual's release. All services described above are provided on-site. In 2012, RACSB added a Veteran Peer Specialist position to be a liaison between veteran inmates and the new Virginia Veteran and Family Support Program.

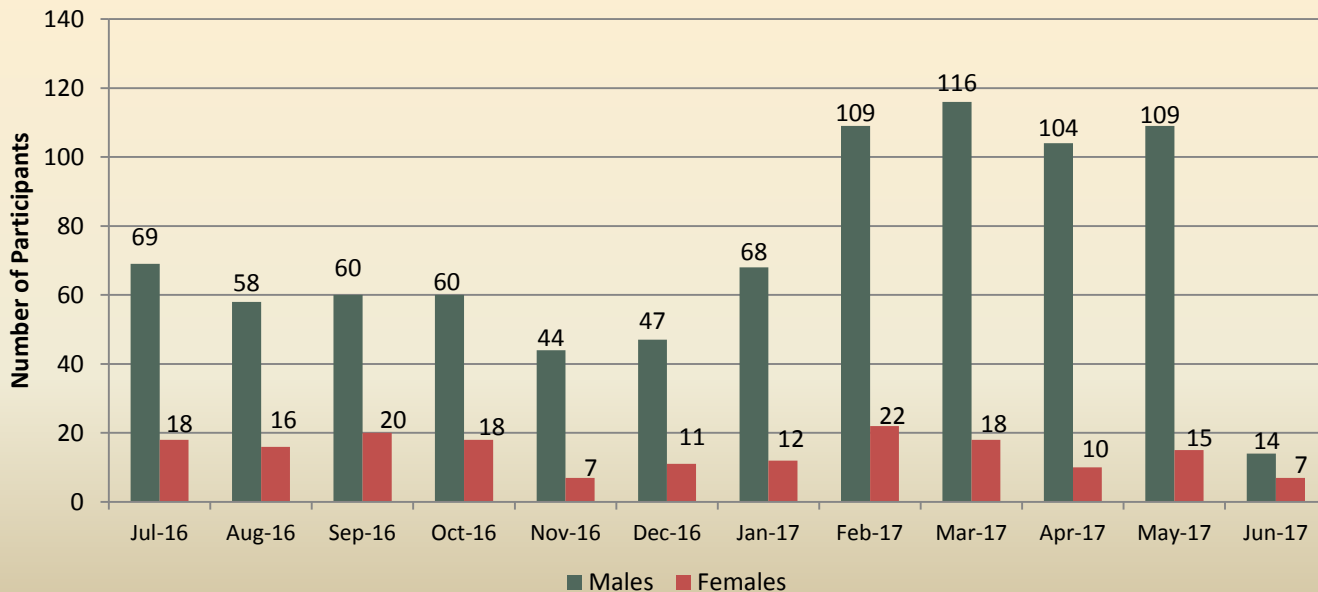
### Educational Programs



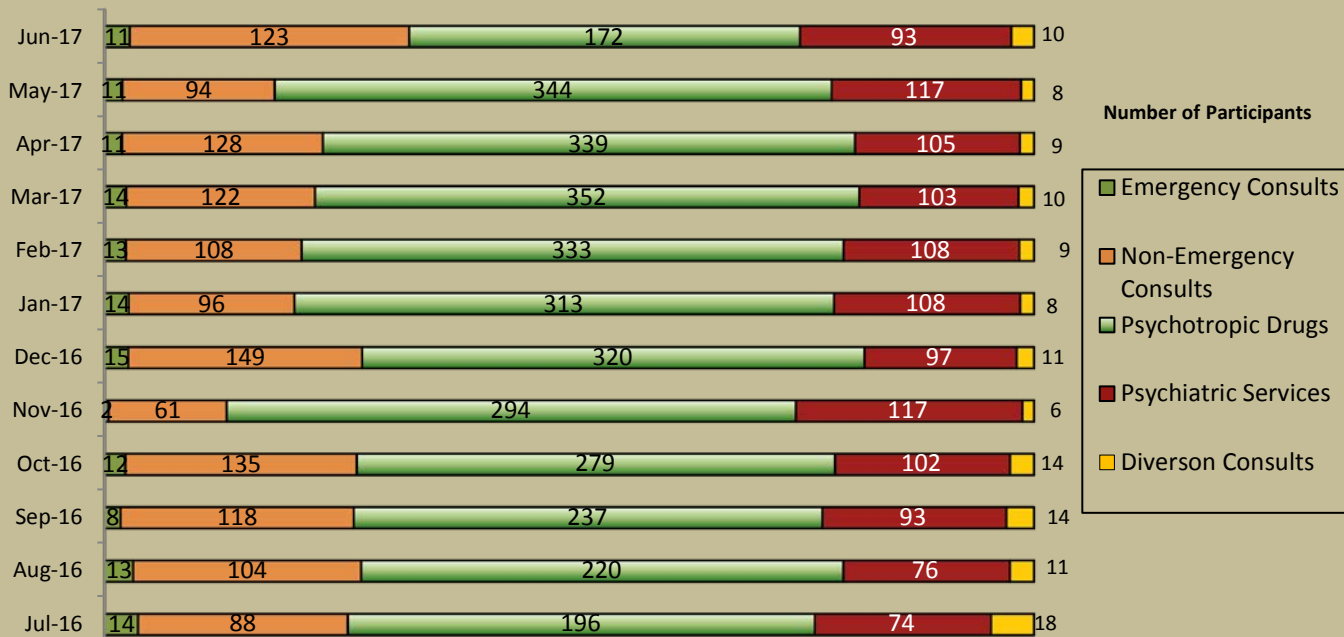
### Religious Programs



### Substance Abuse Services



### Psychiatric & Psychological Services



## Inmate Medical Services

### **MEDICAL SERVICES**

The Medical Department is available to provide routine health care services and emergency services twenty-four hours a day seven days a week. Rappahannock Regional Jail has contracted a Medical Group that includes the services of Physicians and Physician Assistants who conduct routine sick call visits several times a week. The medical group will recommend appropriate referrals to outside specialists as indicated. Coordination with outside health care providers is the responsibility of the medical staff. All pregnant inmates receive prenatal care through the Stafford Health Department. The delivery of newborns for pregnant inmates takes place at Mary Washington Hospital or Stafford Hospital. An arrangement for the appropriate care of the newborn is coordinated by jail case managers, social services, inmates who complete a Notarized Temporary Custodial Agreement, the hospital staff, and the inmate's family. The Rappahannock Regional Jail continues to require inmates with financial means to participate in our Co-Pay for Medical Services Program.

### **DENTAL CARE**

Dental Services are provided by a dentist on contract with the Doctors Group as listed in medical services. Dental care is provided for inmates incarcerated at the Rappahannock Regional Jail. Routine dental care is defined as the physical examination, diagnosis, and treatment of diseases, malformations, and injuries to teeth, gums, and related structures upon request. The dentist will make referrals to an outside Oral Surgeon when deemed necessary.

## Inmate Commissary & Food Services

### **INMATE COMMISSARY**

The Commissary operations are contracted through Oasis Commissary Services. Inmates with funds in an inmate account may purchase items such as candy, snacks, stationery and personal hygiene items weekly. Inmates may have this privilege suspended due to misconduct. Indigent inmates are given a kit weekly that contains hygiene and stationery items.

### **FOOD SERVICES**

Caterings By Marlin's Inc. provides the food service for the facility. The Food Service Department provides meals three times daily. A certified dietician for caloric and nutritional requirements evaluates the menus annually. Special diets are prepared and served for medical and religious reasons.

## Volunteer Services

### **VOLUNTEERS**

Approximately 328 volunteers currently deliver programs to the inmate population. These include church services, Bible study, Spanish Language Bible study, Islamic Studies (when volunteer Imam is available), Jehovah's Witnesses, Rosary services, Alcoholic Anonymous, Narcotics Anonymous, Life Skills, and Parenting Group. All volunteers must receive training in security procedures and policy from the Inmate Services Manager prior to working with the offender population. Pen Pal Programs through local religious groups are also initiated as needed. Pen Pals have to undergo background histories, as all volunteers that are processed.

# COMMUNITY CORRECTIONS PROGRAMS

## GRANT FUNDING

Current funding from outside sources (other than local matching funds) for programs and activities are listed below. These funds total over \$1,363,522.

- \$926,022 from the Department of Criminal Justice Services, to staff and support Community Based Probation and Pretrial Services.
- \$250,000 is received from the Supreme Court of Virginia for the Adult Drug Treatment Court.
- \$187,500 is received from the Supreme Court of Virginia to support the Juvenile Drug Treatment Court.

## WORK RELEASE

The Rappahannock Regional Jail Community Corrections Center implemented the Work Release Program in October 2000. This program allows non-violent offenders the opportunity to maintain their employment, or if unemployed, assists them in obtaining employment in the community. Paychecks are sent directly to Work Release staff to make payments on behalf of the offender for child support, court costs, restitution, incarceration fees, and other reasonable expenses and obligations. All participants are closely supervised to ensure that court-ordered and program conditions are strictly enforced. Offenders are also offered programs emphasizing transition to the community, release preparation, and linkage to community-based services.

The Work Release Program has been very successful for referred individuals who have chosen to take advantage of the program's offerings. The individuals who wish not to follow the program rules complete their sentences within the general population of the Jail. The participants are randomly drug/alcohol tested upon return from work and randomly checked at their job sites by staff.



Revenues: Fees collected from inmates to participate in the Work Release program

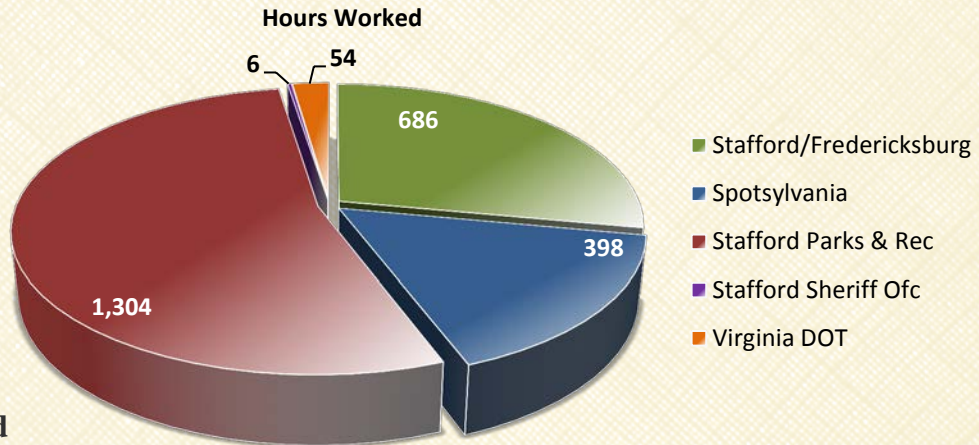
Expenditures: Inmate payments towards child support, court costs, and home expenses

## WORK RELEASE PROGRAM & LOCAL COMMUNITY PROJECTS

The Work Release Program charges inmates \$15.00 a day for each day they leave the facility for employment. The Work Release program has open contracts with many local businesses.

The Jail has agreements with the Counties of Stafford, Spotsylvania, and the City of Fredericksburg to utilize inmate labor for trash details on local roadways. Recently an additional crew was put together to assist Stafford County Parks and Recreation and the Stafford Sheriff's Office. Each year, during the month of June, inmate workers assist the City of Fredericksburg with the annual Soap Box Derby. The program also assists with other community projects including graffiti removal, Relay for Life, and DARE. Eligible non-violent inmates who reside in the Community Corrections Center volunteer for the community service projects.

### Community Service Inmate Road Crew FY17



**2,015 Refuse Bags  
Collected in Stafford  
County and the City of  
Fredericksburg**

## ELECTRONIC MONITORING PROGRAM

The Electronic Monitoring Program is an optional sentencing program that allows non-violent, low-risk offenders to serve their sentences in their homes while being monitored by computer, telecommunications, and GPS technology. Electronic monitoring of offenders is supervised by staff visits to the home, telephone contact by staff, office visits, job site checks, and drug and/or alcohol screening. Participants are required to pay a supervision fee of \$20 per day to participate in the program.



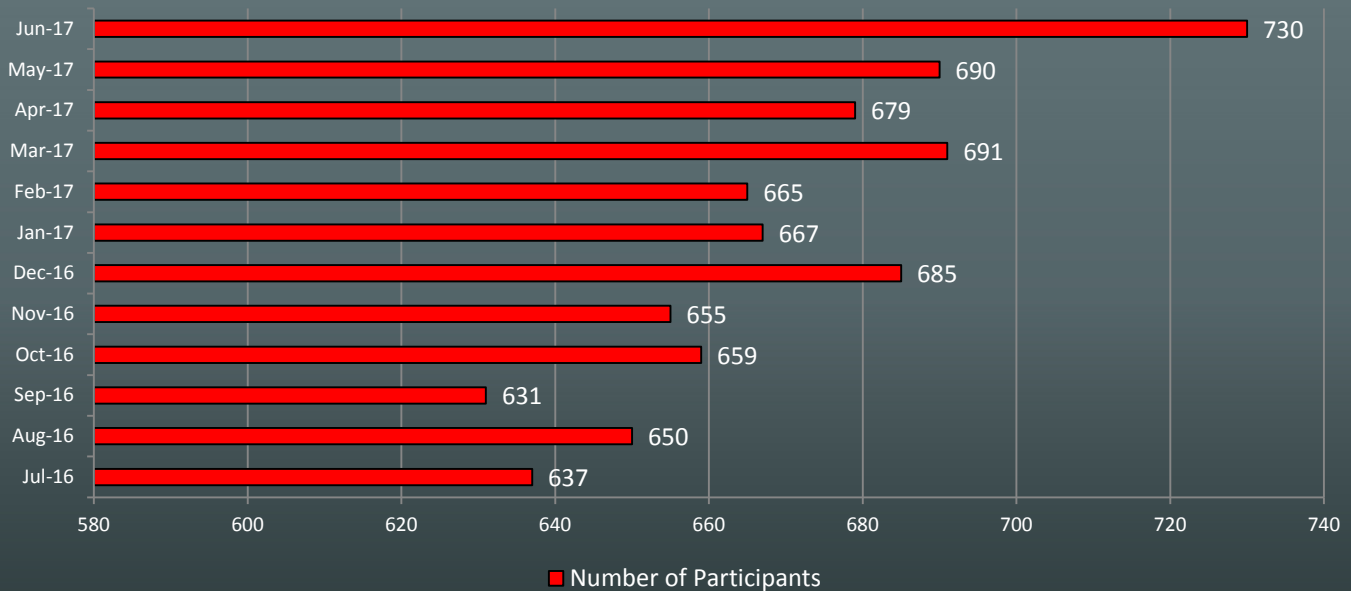


# PRETRIAL SERVICES

The Rappahannock Regional Jail continues to operate Pretrial Services, which provides information to assist the courts in determining risks for release of incarcerated defendants. Pretrial Officers utilize the Virginia Pretrial Risk Assessment Instrument and the Praxis , a risk based supervision/recommendation guide. If a defendant is released into the Program, supervision is provided according to program standards and special conditions ordered by the Court. Program objectives are designed to enhance decision-making, assure the appearance of court defendants at set court dates, and address any known public safety issues. Pretrial also screens potential candidates for the Adult Drug Treatment Court.



### Pretrial Services Average Daily Count 2016-2017



## Pretrial Services

### Annual Statistics

*July 1, 2016 through June 30, 2017*

Rappahannock Regional Jail Pretrial Services was established in 1991. The purpose is to find the least restrictive, non-financially supported, and less discriminatory means of pretrial release, while addressing public safety and mitigating a defendant's risk of failing to appear and arrest for a new offense. We serve the Counties of Stafford, Spotsylvania, and King George, and the City of Fredericksburg.

### Interviews Conducted by Pretrial Services

⇒ *Defendants charged with a Misdemeanor – 1,311*

⇒ *Defendants charged with a Felony – 2,648*

### Virginia Pretrial Risk Assessment Instrument

The General Assembly mandated, as a part of the Pretrial Services Act, that the Virginia Department of Criminal Justice Services "...shall develop risk assessment and other instruments to be used by pretrial services agencies in assisting judicial officers in discharging their duties pursuant to Article 1 (§ 19.2-119 et seq.) of Chapter 9 of the Code of Virginia (Code of Virginia §19.2-152.3)." A pretrial risk assessment instrument is used to identify a defendant's risk of failure (failure to appear for a scheduled court appearance and arrest for a new offense) if released pending trial. The instrument utilizes eight risk factors to accurately predict both the risk of failure to appear and arrest, regardless of sex, race, and income.

### Risk Assessment Instruments Completed by Pretrial Services

⇒ Rappahannock Regional Jail Defendants charged with a Misdemeanor – 1,243

92% Court appearance rate

⇒ Rappahannock Regional Jail Defendants charged with a Felony – 2,035

91% Court appearance rate

# Pretrial Services

July 1, 2016 through June 30, 2017 Statistics continued...

## Legal and Evidence-Based (LEBP) Pilot Site

The Rappahannock Regional Jail continues to use Legal and Evidence Based Practices (LEBP) as part of Pretrial Services. In April 2013, Pretrial Services began implementing into LEBP every aspect of its functions. The Pretrial Services program is currently using two specific tools: the Virginia Pretrial Risk Assessment Instrument (VPRAI), a bond recommendation guide, and the PRAXIS, a differential supervision tool.

## Awaiting Trial Population Jail Review

Rappahannock Regional Jail Pretrial Services Agency has a Pretrial Officer solely dedicated to conducting ongoing reviews of the awaiting trial population at the Rappahannock Regional Jail. The Pretrial Investigator analyzes and determines which inmates are appropriate for bond hearings. After identifying those individuals who are suitable for release, (this population includes those identified with mental illness), the investigator collaborates with defense attorneys, commonwealth attorneys, court clerks, and the Jail's records department, in order to schedule subsequent bond hearings and coordinate jail transportation for the inmates to appear in court for the hearing. During FY17, the Pretrial Investigator successfully initiated 137 pretrial releases which resulted in a total number of 6,043 jail days saved. Jail days saved results in a daily costs savings of approximately \$356,537 for the jail.

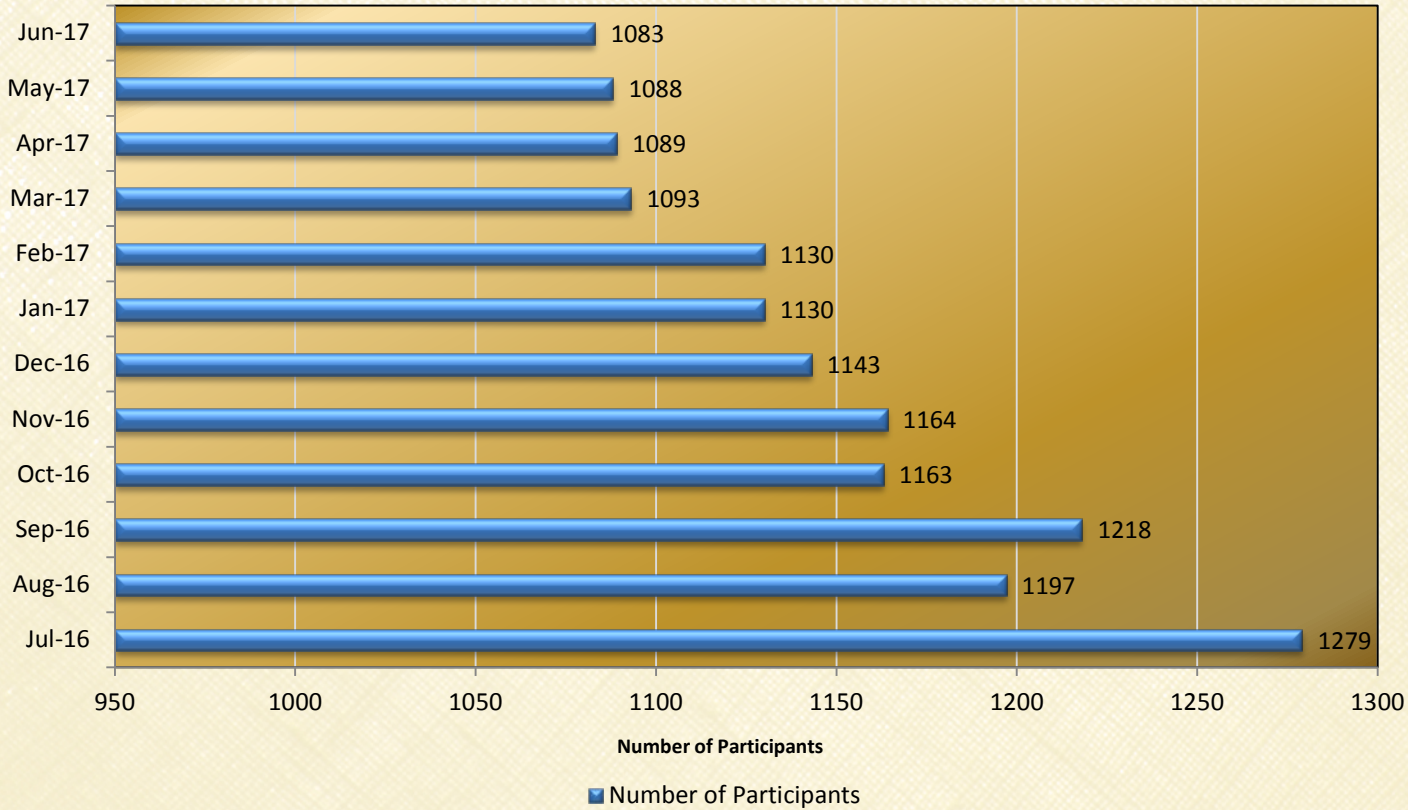
**The FREDericksburg Regional Transit stops at the Rappahannock Regional Jail Pretrial Services and Community-Based Probation Office. This allows defendants and offenders, with limited transportation, affordable access to services.**



# COMMUNITY BASED PROBATION

Locally responsible offenders ordered into this program are supervised according to program rules and special conditions ordered by the courts. Ideally, offenders are placed on Community Based Probation (CBP) in order to address public safety, as a penalty for committing their offenses, and/or to address special needs by placing offenders in counseling for substance abuse, anger management, batterer intervention, parenting skills, or mental health issues. Although CBP continues to address the requirements of the Courts, it has implemented and integrated Evidence Based Practices (EBP) concepts and procedures into every aspect of its operations. EBP is the adoption and implementation of practices and interventions that are proven effective through research. This action means implementing specific activities that identify the offender’s risk, and reduce crime and recidivism. CBP coordinates with the Rappahannock Council on Domestic Violence (RCDV) for a collaborative approach to the supervision of Domestic Violence offenders. CBP also collects and facilitates payment of restitution to victims, payment of court costs and fines and monitors the completion of community service work.

**Community Based Probation Average Daily Count 2015-2016**



## Community Based Probation (CBP)

### Annual Statistics

*July 1, 2016 through June 30, 2017*

⇒ Placements on supervision - **1,484** misdemeanors - 34 non-violent Felons

⇒ Successful Outcome Rate - 77% for misdemeanors - **74%** for Felons

Over **\$270,423.86** was put back into our local community through the payment of restitution to local victims, facilitation of payment of court costs and fines, and community service work performed.

⇒ **\$75,955.84** in court costs and fines have been facilitated/collected

⇒ **\$102,662.79** in restitution has been paid back to local victims

⇒ **12,848** hours of community service work (**\$93,148.00** based on minimum wage)

## Mental Health and Community Corrections

Mental health continues to be a major issue affecting citizens at the national, state, and local levels. The challenges facing Community Corrections is ensuring that its clientele requiring mental health assessments or treatment are referred to the appropriate organization or agencies to obtain the services/treatment required. Many agencies continue to struggle to obtain/hire staff to manage, treat, and work with this specialized population. Best practices and evidence-based practices have taught us that there are no cookie cutter methods to supervising mental health offenders and that each person is unique. CBP continues to provide supervision to this caseload, which includes collaboration with mental health resources, direct contact with local agencies specializing in mental health treatment, and attending crisis intervention training. CBP also works with the courts to assist offenders in complying with their court-ordered obligations. The most important part of their supervision is to address treatment needs and to stabilize them so they may become fully functioning members of society. Currently 7 (seven) of the 8 (eight) CBP Officers assigned have attended "Crisis Intervention Team" training which includes dealing with mental health issues.

## **Community Based Probation (CBP)**

### **July 2016 through June 2017 Statistics continued...**

Community Based Probation continues to work collaboratively with District 21 Probation and Parole, Stafford Diversion Center, Virginia Department of Correctional Education, Family Life Center, the Empower House, the Rappahannock Area Community Services Board, Change In Action, and the Rappahannock Area Goodwill Industries on the delivery of our combined services.

### **On-site Substance Abuse Testing, Education, & Treatment Programs**

**Substance abuse assessment – 539 offenders**

**Substance abuse testing - 545 offenders**

**Substance abuse treatment - 286 offenders**

**Substance abuse education – 157 offenders**

**Anger Management - 121 offenders**

**Community Service Work - 507 offenders**

**Shoplifter's (STOP) class - 55 offenders**

**Fresh Start Batterer Intervention - 326 referrals**

**Other Services - 223 offenders**

### **Using Case Plans as a Tool for Supervision**

In an effort to address recidivism and enhance the overall supervision of clients, Probation Officers complete a Case Plan on all clients that meet or exceed a specific risk level. This instrument assists officers and offenders in establishing goals and objectives, identifying areas of weakness and strengths as well as setting timelines to accomplish the plans they developed. Both the officer and the offender sign-off on the plan as an agreement to put forth maximum effort to reach the goals they set together. The Case Plan also assists the Probation Officer in their efforts to guide offenders in changing their behavior and work with offenders in developing a plan they choose to implement in making changes in their lives. The Probation Officer provides assistance in identifying resources available to the offender and provides guidance when requested by the offenders to assist them.

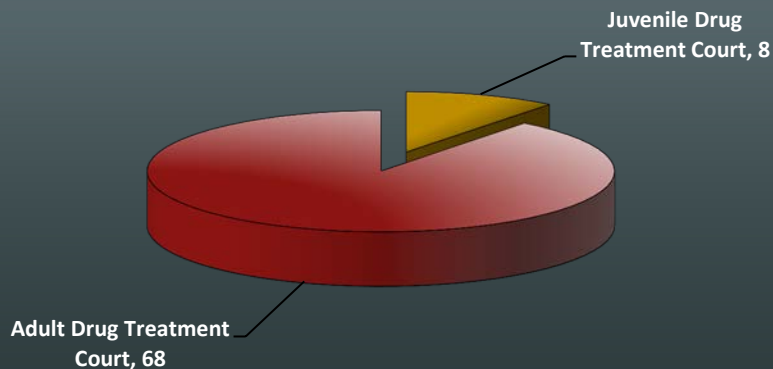
## RAPPAHANNOCK REGIONAL ADULT & JUVENILE DRUG TREATMENT COURT

Drug Court is a cooperative effort between the courts, the offices of the Commonwealth's Attorney's, the Public Defender's office, Adult and Juvenile Probation, the Rappahannock Area Community Services Board, and the Rappahannock Regional Jail. The Drug Treatment Court uses a team approach to provide substance abuse treatment to offenders with intensive oversight and monitoring by the Court. Judge Gordon F. Willis presides over the adult program and is involved weekly in the reinforcement of sanctions and incentives for program participants with input from collaborating program staff. Judge Joseph A. Vance, IV presides over the juvenile program. The Rappahannock Regional Adult and Juvenile Drug Treatment Court programs are able to provide services for ninety (90) adults and twenty (20) juveniles each year.

As of June 30, 2017, the Adult Drug Treatment Court program had seventy-four (74) active participants, twenty-four (24) females and fifty (50) males. The Phase III component of the program had sixteen (16) participants, Phase II had twenty-six (26) participants, and the Phase I component had thirty-two (32) participants. Drug Court has continued to utilize the services of established partnerships such as the Thurman-Brisben Homeless Shelter, Goodwill Industries, the Department of Aging and Rehabilitative Services, and Project Link, in addition to intensive outpatient, residential, and detoxification treatment services.

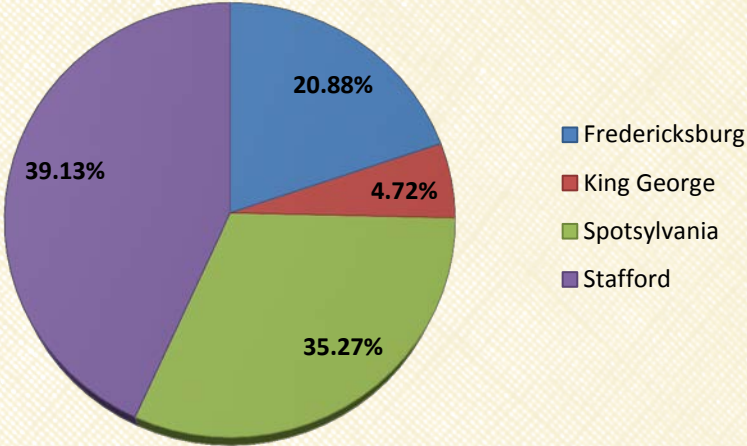
The Juvenile Drug Treatment Court program has continued to strive towards achieving all of the goals and objectives set for the period ending June 30, 2017, by providing a range of intensive services for juvenile offenders with substance abuse needs. The juvenile and their families are provided intensive outpatient treatment, individual and family counseling, which also includes in-home services. Treatment modalities concentrate on evidence-based practices that focus on cognitively changing problematic behaviors. Juveniles are required to be involved in educational programs or employment if educational goals have been completed. Partnerships have been formed with other community agencies to address additional needs such as, mentoring, psychiatric services and group home placement. As of June 30, 2017, the program had four (4) active participants, two (2) females and two (2) males. The Phase III component of the program had two (2) participants, Phase II had one (1) participant, and the Phase I component had one (1) participant.

### Adult and Juvenile Drug Court Participants 2016-2017 Daily Average



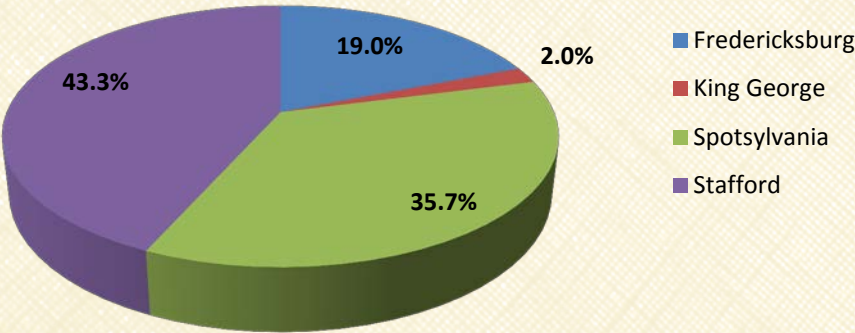
### Total Jail Population by Jurisdiction

(June 2017)



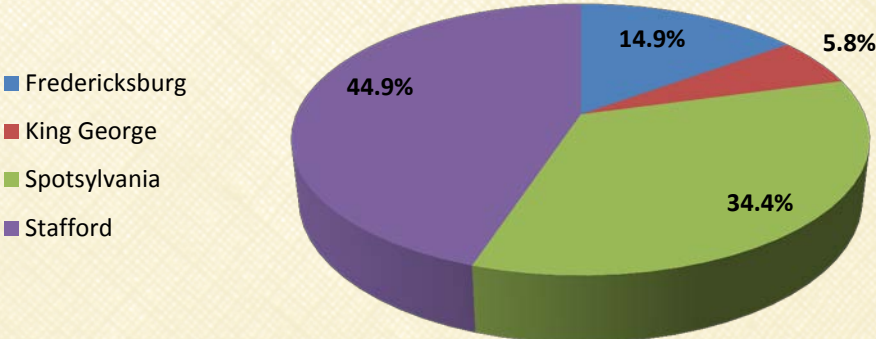
### Community-Based Probation - 1,408 Placements

(percentage of annual total placements)



### Pretrial - 1,856 Placements

(percentage of annual total placements)





## Victim Information and Notification Everyday (VINE)

VINELink is the online version of VINE (Victim Information and Notification Everyday), the National Victim Notification Network. This service allows crime victims to obtain timely and reliable information about criminal cases and the custody status of offenders 24 hours a day. Some states have the ability to display this website in Spanish. Please click on the state where you wish to search. If this option is available, you will see an "English | Español" toggle in the upper right hand corner. Victims and other concerned citizens can also register to be notified by phone, email, text message (SMS) or TTY device when an offender's custody status changes. Users can also register through their participating state or county toll-free number.

Virginia numbers:

VINE Service Number: (800) 467-4943

TTY: (866) 847-1298

## Prison Rape Elimination Act (PREA)

In accordance with the Department of Justice and the Prison Rape Elimination Act, the Rappahannock Regional Jail has a zero tolerance policy for sexual assault or harassment. The intent of PREA is to encompass all detention centers, jails and prisons as well as community corrections programs under the unfunded federal mandate. The Department of Justice has not yet given clear guidelines in reference to community corrections programs. Due to the regions community corrections programs falling under the Rappahannock Regional Jail they are covered at this time under that policy until specific guidelines are set forth.

## Crisis Intervention Team (CIT)

The Rappahannock Area Crisis Intervention Team began in 2009. CIT provides a foundation to help promote community and statewide solutions to assist individuals with a mental illness. The CIT model reduces stigma and the need for additional involvement with the criminal justice system. A few of the goals of the crisis intervention team programs are as follows:

- ❖ Affording persons with mental illness, substance abuse problems, or both, a sense of dignity in the crisis situation,
- ❖ Reducing the likelihood of physical confrontations,
- ❖ Decreasing arrests and use of force,
- ❖ Identifying underserved populations with mental illness, substance abuse problems, or both, and linking them to appropriate care,
- ❖ Proving support and assistance for mental health treatment professionals.

Since its inception, the local CIT program has been beneficial to staff of the jail in recognition of and de-escalation techniques for those who have MH needs. As of this date, the RRJ has over 70 individuals who are CIT certified. These CIT certified staffs are hand selected from target areas of the facility that routinely deal with those with MH issues.

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